

RESISTING THE IMPULSE TO LIE

CONCEPT

Telling the truth is an important way to take responsibility for one's behavior.

OBJECTIVES

Students will be able to:

Identify consequences of lying.
Identify benefits of telling the truth.
Use a problem-solving strategy.

NOTES TO THE TEACHERS

Children learn to lie to avoid consequences that they fear. Acknowledge children's fears and teach them to evaluate whether the fears are warranted. Sometimes they are (as in abusive homes, or when they are under peer pressure to do risky behaviors). Usually, situations are improved when children take responsibility for their actions. Children can learn to distinguish situations in which lies are needed for self-protection from other circumstances.

This lesson reviews the themes of responsibility and trust.

TRANSFER OF LEARNING

Continue to reinforce the concept of trust within the class. Discuss the long-term effects of "little white lies."

REMEMBER THE DAY

Have students talk about their experiences of being honest.